# Developments, Challenges and Opportunities in Mental Health in Devon

A report from the Chief Executive, Devon Partnership Trust/ System Chief Executive for Mental Health, Learning Disabilities and Neurodiversity

#### 1. Recommendation

Members are invited to:

- 1.1 note the contents of the report including the current challenges and opportunities in mental health support and services for the local population
- 1.2 discuss how the Overview and Scrutiny committee can work with partners and stay informed in future developments to address the needs of the local population within the context that we are all working in
- 1.3 take the opportunity to meet and spend time with local place-based multi-agency developments and teams in community mental health through a programme of visits
- 1.4 support that in the work programme of the committee, the parity of esteem principle in our health and care developments is maintained

## 2. Purpose

The purpose of this briefing is to update members on some of the key developments, challenges and opportunities faced in addressing the mental health needs of Devon's population.

It aims to:

- Help members understand the mental health services provided by the NHS in the footprint
- Raise awareness of the challenges in the system, along with developments and opportunities
- Encourage support and commitment for mental health services in the county

To support this, it includes information relating to:

- The needs of the local population
- Current service provision and challenges
- Key developments and opportunities in mental health in the health and care system

## 3. The needs of the population

## 3.1 Population change

As of 2020, circa 1.2 million people live in the ICS Devon - by 2035, the population in the county of Devon, including Torbay and Plymouth is estimated to grow by 8% (94,600) with an increase in older adults (+32%) and children and young people (+2%). The number of working age adults expected to reduce (0.4%). 42% of people live in Plymouth, Torbay or Exeter; the remaining 58% are in towns or more rural settings.

Whilst life expectancy has plateaued, the overall gap between life expectancy and healthy life expectancy has increased from 10.92 years in 1990 to 12.31 in 2019, meaning more people will live in poorer health. The health inequalities across Devon mean more deprived communities and some population groups experience much shorter life and health expectancy. This is especially the case for those with a serious mental illness (SMI) and for those with a learning disability, who die, on average 12-20 years sooner than people in the general population, and frequently, the cause of death is avoidable (60% of premature deaths of people with SMI).

## 3.2 Mental Health needs in the population and wider determinants of mental health problems

In mental health, we tend to differentiate between common mental problems and severe mental illnesses, this isn't precise, in that some common mental illness, like depression can be severe and some severe mental illnesses can be very well managed.

Common mental illness, according to the National Institute for Health and Care Excellence (NICE), include depression, generalised anxiety disorder, social anxiety disorder, panic disorder, obsessive compulsive disorder (OCD), and post-traumatic stress disorder (PTSD).

Severe Mental Illness is a term which traditionally includes people with a diagnosis of schizophrenia, bipolar affective disorder, and other psychoses; however, in recent years a broader definition is used which aligns to the Community Mental Health Services Transformation, this also includes people with personality disorders and eating disorders.

#### Based on national estimates:

- Around 1 in 6 (38,000) children and young people in ICS Devon will experience a mental health problem
- o Around 1 in 6 (244,000) adults in ICS Devon will experience a mental health problem in any week
- o Around 1 in 100 (12,000) people in ICS Devon will live with a severe mental health problem
- o Around 1 in 14 (21,000) people over 65 will live with dementia

75% of mental disorders are established by the age of 24, demonstrating that our early and childhood experiences can have lifelong impact on our wellbeing and mental health.

People with severe mental illness die sooner because:

- They are more likely to engage in unhealthy behaviours such as smoking, poor diet, lack of exercise, and substance misuse.
- They are less likely to comply with the care process and self-manage their health needs because a core feature of mental illness is often a lack of insight
- They experience side effects of antipsychotic medication, including weight gain, glucose intolerance and cardiovascular effects.
- o They are much more likely to complete a suicide

Accessing treatment can be harder because of diagnostic overshadowing (ie when a healthcare professional assumes that a person's complaint is due to their disability or coexisting mental health condition rather than fully exploring the cause of the person's symptoms) and treatment being disconnected and irregular. There are estimated to be a total of 12,341 people with SMI in ICS Devon.

Compared to other people, those with severe mental illness are:

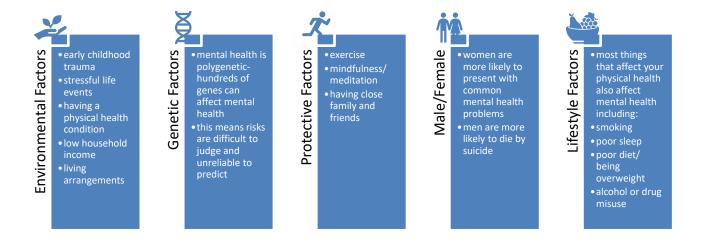
- 1.8 times more likely to be obese
- 1.2 times more likely to be asthmatic
- 1.9 times more likely to be diabetic

- 2.1 times more likely to have Chronic Obstructive Pulmonary Disorder (COPD)
- 1.2 times more likely to have Coronary Heart Disease (CHD)
- o 1.6 times more likely to have a stroke
- 1.5 times more likely to experience heart failure
- 7 times more likely to have an emergency inpatient admission and 3 times more likely to attend emergency departments, 50% of which relates to physical health care need
- 2.0 to 2.7 times more likely to die because of Covid (Nemani et al., 2021).

Having a severe mental illness can be a disability, requiring reasonable adjustments to enable equity by the Equality Act (2010).

The above figures are based on estimates prior to covid; applying this to our ICS population gives a starting point for us to consider the scale of need. However, we need to note that the most recent surveys available report that the South West has the highest regional rate of common mental illness in England for adults and the second highest regional rate of mental ill health for children. This is borne out by local information that children and young people in Devon tend to have higher levels of Special Educational Needs. Devon has the highest level of SEN needs in the region and Plymouth, Devon and Torbay have the highest level of social emotional mental health needs in the region and are 2<sup>nd</sup>, 6<sup>th</sup> and 7<sup>th</sup> nationally.

The development of mental illness is rarely, if ever, caused by a single risk factor. It is a complex set of interactions which researchers are still working to understand. The illustration below is adapted from work by the University of Edinburgh.



## 3.3 Rising Demand and Impact of COVID

There were high levels of unmet need and increasing demand for mental health care prior to COVID-19. The pandemic has created additional demand due to the impact of lockdown on people with existing mental health problems and many who hadn't. In addition, COVID-19 has an impact on people mental health and wellbeing. Staff have been impacted too and wellbeing hubs and services to support have been set up.

Prior to the emergence of COVID-19, the number of referrals to most mental health services was generally increasing. The impact of the pandemic is still unknown and evolving but there is a consensus among healthcare professionals that we will see an impact on local services – in both the short and long term. Although modelling varies, national and local intelligence shows that we are likely to see increasing demand across a range of mental health services, albeit differentially.

Devon Partnership Trust has managed to keep all of its major services running throughout the pandemic and have made good use of technology to support people virtually, where it is safe and appropriate to do so. However, we have seen significant increases in demand for many of our services, including services for children and young people (CAMHS), adults with autism and/or ADHD

and people with eating disorders. We have also seen increases in acuity, meaning that a higher number of people are being referred to us with more serious needs.

DPT has worked closely with system partners, particularly Livewell Southwest (whose services include a range of local mental health services for the population of Plymouth), on a number of initiatives during the pandemic, including the provision of inpatient beds, policy development and the delivery of crisis and urgent care services to ensure that people have easy access to a 24/7 response when they need it.

DPT has developed a Devon Wellbeing Hub on behalf of the ICS to support teams and individuals who are struggling during the pandemic. The service is open to health, social care and police staff and has been very well-received. Since its launch in March 2021, the Hub has received 520 individual referrals and supported a number of teams across the Devon system, with almost 100 wellbeing workshops completed.

We have already seen significant increases in demand and acuity for many of our services, notably services for children and young people – which is a trend that has been mirrored across the country. GP practices and schools/colleges across the country are also reporting increases in demand for mental health support.

We have also seen higher numbers of referrals for vulnerable and at-risk children as well as increases in acuity, meaning that a higher number of people are being referred with more complex and serious needs.

We also know children have suffered an increase in poor sleep, loneliness and isolation during lockdowns and post-lockdown. There has also been an increase in acuity and numbers of children with eating disorders as well as rising numbers of children coming into the care of the Local Authorities. Rising demand for older people's mental health services across the system, and the challenges created by COVID-19, have also had a significant impact on our ability to discharge people from a variety of inpatient settings when they are fit and ready to leave – a problem that is shared by our acute hospital partners and recognised by our local authority colleagues.

There were already very long waiting times for some services and, despite the fact that extra capacity and initiatives have started to tackle the problem – the additional demand created by COVID-19 has significantly exacerbated the situation. Across the system, we have seen significant increases in demand for eating disorder services and adults with autism and/or ADHD – referrals have broadly doubled for autism and trebled for ADHD in the last year.

It has been a particular challenge in relation to the discharge of older people to suitable care settings – many of whom are now presenting with more serious and complex needs alongside their physical frailty. The consequence is that there are insufficient beds available when needed and elderly people have on occasions been sent out of area.

There is a lack of suitable accommodation and support in the community and a lack of specialised placements, supported living and housing options for people with a variety of mental health needs. Due to a lack of specialist accommodation, there are delays in discharging people from mental health services. There is a significant lack of availability of specialised placements, supported living and housing options, impacted by COVID outbreaks and staffing issues.

The <u>Centre for Mental Health's report on COVID-19 and Mental Health</u> forecasts the impact of the pandemic on people's mental health and wellbeing, including:

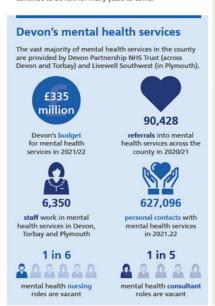
- Critical care unit staff one in two estimated to experience one or more mental health problems
- Frontline health and care staff expected incidence of depression, anxiety and PTSD in this group translates into service demand of 692,134 people
- Adults recovering from severe COVID-19 in ICU significant new risks of anxiety (9.8%) and mood disorders such as depression (5.8%)

- Adults hospitalised by COVID-19 but not admitted to ICU additional 8,000 people needing mental health care due to conditions like anxiety, mood disorders, and psychotic disorders
- People who are bereaved the unique circumstances of COVID-19 account for 50,000 people needing mental health support for things like post-traumatic stress, depressive symptoms and prolonged grief
- Carers for adults and children with learning disabilities carers are known to have already high levels of mental health challenges because of isolation, stress and general endurance, and an estimated 21,225 people in this group will need mental health support
- People economically impacted by COVID-19 numbers of people claiming Universal Credit have risen by three million people in the last year. Approximately 2% of Universal Credit recipients will translate into additional demand for mental health services in this forecast (61,780 adults)
- General population and people with existing mental health conditions estimated new service demand of 1 million for severe anxiety and 1.4 million for severe depression. For those with existing mental health conditions, the estimate is 2.5 million for severe anxiety and 2.6 million for severe depression

Noting the limitations and gaps in the current impact evidence nationally and information set out above, applying a population share approach, not adjusted for Covid prevalence or local economic impact, it is estimated, based upon the above analysis that in ICS Devon over the next five years 212,000 additional people will need mental health support including 180,000 adults and 32,000 children and young people.



COVID-19 has had a major impact on people's mental health and wellbeing. Lockdowns have led to people feeling more isolated, many businesses and individuals have been affected by closures, while mental health services have seen big rises in demand. The impact of the pandemic on people's mental health and wellbeing will continue to be felt for many years to come.







Livewell

#### 4. Current Service Provision

The ICS in Devon is a partnership of health and social care organisations working together with local communities across Devon, Plymouth and Torbay to improve people's health, wellbeing and care.

For the population of Devon County Council, NHS mental health services are mostly provided by Devon

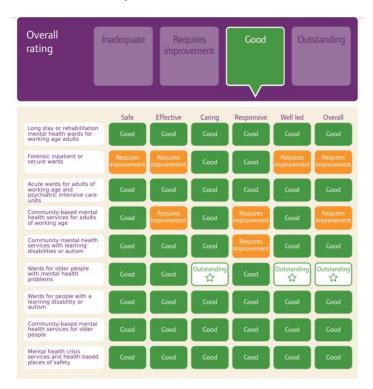
Partnership NHS Trust, which is part of the ICS and increasingly playing a role as a commissioner of services as well as a provider. There are many more support and care teams and services supporting people in their mental health journey provided by the partners such as the local authority, voluntary and community enterprise sector and independent care providers all of which have an important part to play in our system. This section outlines those that are provided directly by Devon Partnership Trust

# 4.1 Devon Partnership NHS Trust

Devon Partnership NHS Trust employs around 3,700 staff and provides a wide range of NHS services to people of all ages with mental health, learning disability and autism needs in the county of Devon (except Plymouth). In 2020/21 we received more than 66,000 referrals and made around 36,000 contacts with people every month.

Our core services include local community teams and hospital (inpatient) teams, as well as a number of specialist teams providing services for people with more specific needs across the county and wider South West.

Devon Partnership NHS Trust is rated as 'Good' overall by the Care Quality Commission.



#### 4.2 Services in Devon

We provide a number of core services for people in Devon, including (not exhaustive) access to:

- A 24/7 First Response Service for people in urgent need or a crisis it takes around 5,000 calls a
  month
- Acute psychiatric wards (in Exeter at The Cedars including Coombehaven and Delderfield for adults and on Moorland View in Barnstaple)
- Dedicated inpatient wards for older people in Devon (Belvedere Ward for those experiencing behavioural and psychological symptoms of dementia and Rougemont for those with severe mental health needs such as depression, anxiety and psychosis)

- Rehabilitation and Recovery Wards (in Exeter at the Russell Clinic and Barnstaple on Ocean View in North Devon providing treatment, rehab and recovery to adults experiencing psychosis)
- TALKWORKS a free and confidential NHS talking therapy service (part of the national Improving Access to Psychological Therapies programme) for adults in Devon with mild to moderate mental health and wellbeing needs. People can self-refer and last year the service had more than 25,000 referrals
- The **Devon Memory Service** a one-stop-shop service to diagnose people with dementia (based in Exeter, East and Mid-Devon and North Devon)
- Learning disability services we have liaison nurses based at the Royal Devon and Exeter
  Hospital and North Devon Hospital, primary care liaison nurses, Intensive Assessment and
  Treatment Teams and dedicated Continuing Health Care nurses supporting adults with a learning
  disability
- Children and Adolescent Mental Health Services (CAMHS) we are part of the Children and Family Health Devon alliance and our CAMHS teams provide a number of health services for children, young people and families, alongside other services and support provided by partners (eg KOOTH).
- A **liaison psychiatry team** at the RD&E in Exeter and NDD in Barnstaple, which works closely with the Emergency Department to support people who have urgent mental health needs

## Social care

There are different arrangements in place for the provision of social care across DPT services as follows:

- Torbay Mental Health social care across all ages is managed currently by TSDFT on behalf of Torbay Council
- The provision and commissioning of Mental Health social care for older people and people with learning disabilities within the DCC footprint sits within DCC adult social care services
- The provision and commissioning of social care for Devon county council working age adults in receipt of DPT secondary mental health services is delegated to DPT via a s75 agreement and is fully integrated into DPT services. This is the area with most sufficiency of commissioned care and lowest number of delayed discharges.

Approved Mental Health Professionals (AMHP) services

- Approved Mental Health Professionals execute statutory duties under the Mental Health Act on behalf of the local authority
- Devon Daytime AMHP services are included in the remit of the s75 agreement and are fully integrated within DPT
- Torbay Daytime AMHP services work closely with DPT but are managed by TSDFT on behalf of Torbay Council.
- Currently, the out of hours AMHP provision sits outside of mental health services and within the respective local authority structures.

## 4.3 Specialist Services

The residents of Devon are also able to access a number of more specialist services provided by Devon Partnership Trust:

- **Psychiatric Intensive Care Unit (PICU)** provides a short spell of intensive care and treatment in hospital for people whose needs cannot be met on our general acute psychiatric wards
- Mother and Baby Unit (MBU) provides specialist hospital care for mothers, alongside their babies, who have serious mental health needs such as post-partum psychosis
- Additional Support Unit provides specialist inpatient care and treatment for people with a learning disability
- Community perinatal service delivers a range of community support to expectant and new mothers with serious mental health needs
- Place of Safety We have worked closely with Devon and Cornwall Police to develop the Street
  Triage and Liaison and Diversion services to ensure that people with mental health and learning
  disability needs get the support they require when they come into contact with the police or wider
  criminal justice system.

We have also established a single Place of Safety for Devon (excluding Plymouth, which has its own). For the first time, we now have a 24/7 service with a dedicated staff team that is located in a modern, health-based environment. Under s136 of the Mental Health Act, police are required to take people whom they have detained because of mental health concerns to a recognised Place of Safety for assessment<sup>1</sup>.

- **Eating disorders** The Haldon Unit provides specialist inpatient care and treatment for people with severe disorders, such as anorexia nervosa. We have also established a dedicated community eating disorders service across the county
- Autism and Attention Deficit Hyperactivity Disorder (ADHD) our Devon Adult Autism and ADHD Service (DAANA) provides a diagnostic assessment service for adults with autism needs and a diagnosis and treatment service for people with ADHD
- **Gender Services** The West of England Specialist Gender Identity Clinic delivers services for people with issues around their gender
- **Secure Services** a range of secure services is provided at Langdon Hospital in Dawlish these generally support people with mental health needs who have come into contact with the criminal justice system. We are gradually developing local community services to support those people who step-down from inpatient care at Langdon and other secure care settings.

# 5. Key Challenges

Workforce - There is a national shortage of mental health and learning disability staff, particularly
doctors and qualified nurses. This affects not just the day-to-day running of services but, vitally, our
ability to make long-term improvements and developments.

Across Devon and Torbay, 1 in 6 mental health nurses and 1 in 5 consultant roles are vacant. Turnover across all NHS organisations in Devon has also increased in the past year. The recruitment market is currently very challenging, with entry level jobs outnumbering job seekers by approximately three-to-one.

<sup>&</sup>lt;sup>1</sup> This Place of Safety is for Adults. There is Place of Safety for Children and young people based in Plymouth (provided by Livewell Southwest) which covers the whole of the county.

Several pieces of work are in-hand to address this situation, including plans to recruit overseas nurses and healthcare professionals into mental health and social care settings. Accommodation is a big issue for people coming into Devon from overseas and domestically, so Devon is currently considering an additional accommodation strategy.

- Inpatient bed capacity Devon has fewer acute inpatient mental health beds per head of
  population than other parts of the country and alongside increasing and transforming our communitybased services, increasing inpatient capacity is one of our long-term priorities. We currently place
  too many people outside the county for care and treatment and we are striving to reduce
  inappropriate placements outside the county to zero.
- Services for children and young people Our CAMHS teams are making internal changes to
  provide greater consistency and resilience. Like other services, the teams are struggling to recruit to
  key posts. It has also seen increases in demand overall since the start of the pandemic and, in
  particular, rising demand from young people with eating disorders and higher numbers of referrals
  for vulnerable and at-risk children.
- Autism and ADHD Although our DAANA service has seen increased investment to help tackle
  historical long waiting times, we have seen a significant increase in demand since last year –
  referrals have broadly doubled for autism and trebled for ADHD and we continue to discuss the
  issues of capacity and investment at system and regional level.
- Adult community waiting times although they are gradually reducing, waiting times for
  assessment and treatment for adults supported by our community mental health teams in Devon are
  too long. Other services that are currently experiencing long waits include The West of England
  Specialist Gender Identity Clinic and our DAANA service for adults with autism and ADHD needs.
- **Social care** we are in discussion with colleagues in Devon County Council about how we can improve and widen the social care offer to residents of all ages in the county
- **Ageing population** although services for older people are generally working well they have short waiting times and relatively few issues with staff recruitment and retention referrals are increasing. There is pressure on inpatient capacity in our adult and older adult wards and our specialist dementia ward for Devon, which is in Exeter.
- **Funding** There is a widely-acknowledged disparity between the funding for physical health services and the funding for mental health services and the government has recognised this.

In the last few years, the government has increased investment in mental health services through the Mental Health Investment Standard (MHIS) – which is gradually bringing funding for mental health services closer to parity with the funding for physical health services.

Additionally, there have been other dedicated sources of funding for the development children and young people's mental health services.

The MHIS is a minimum level of investment required to start to address some of the longstanding shortfalls in service provision against the needs of the population (often referred to as the 'treatment gap'). The NHS Long Term Plan for Mental Health sets out areas of service expansion that should be funded from this additional investment.

#### This includes:

- Easier and quicker access to mental health crisis care 365 days a year, including through NHS 111
- Expanding specialist mental health care for mothers during and following pregnancy
- Expanding services, including through schools and colleges

• Developing services in the community and hospitals, including talking therapies and mental health liaison teams

While the additional funding is very welcome, the assessment of the funding gap was made before the arrival of the COVID-19 pandemic and the subsequent increase in demand. The national Elective Recovery Fund (ERF), for example, only supports the improvement of waiting times for physical operations. It does not apply to mental health, learning disability and autism and these services have no equivalent funding mechanism. So, while two year waiting times for orthopaedic operations can be addressed via the ERF, waiting times of three years or more for an ADHD assessment cannot.

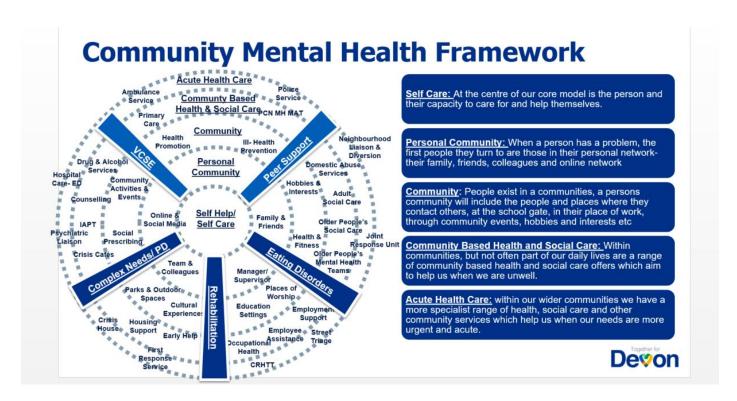
## 6. Developments and Opportunities

# **6.1 Community Mental Health Services**

One area that has lacked sustained focus and investment in recent years, both locally and nationally, is the provision of community mental health services for adults with severe mental health needs.

We are proud and privileged to be moving forward well with implementing the national <u>Community Mental Health Framework</u> (CMHF) so that people with serious mental illness experience more consistent, joined-up support that better meets their needs – taking a whole person, whole population approach.

After receiving very positive feedback from NHS England/Improvement about our proposals and successfully securing our share of the national funding earlier in the year to improve community mental health services, we have started implementing the new model across the county at pace.



Since April 2021 progress has included:

Working at place – five local implementation teams (aligned and in support of our Local Care
Partnerships) are now in place, working together to ensure that targeted neighbourhood support is
provided by primary care mental health multi-agency teams. This has included constructive

conversations with all of Devon's 31 <u>Primary Care Networks</u> about how the additional roles in primary care are recruited and embedded (one per PCN this year) and working closer with the mental health care teams within Devon Partnership NHS Trust and Livewell Southwest (Plymouth).

- Developing new arrangements and an equal partnership with the voluntary, community and social enterprise sector (VCSE) to ensure good support and provision across the county. We are investing an additional £3.65m in these services over the next three years. Throughout summer 2021 we engaged with over 130 VCSE organisations to develop a Devon-wide VCSE/I alliance aligned to the CMHF. The <a href="Devon Mental Health alliance">Devon Mental Health alliance</a> is now working in equal partnership with us to develop new services and work with existing community-based provision to ensure people's needs are met. This will complement and work with Devon's existing strong VCSE sector developments.
- Recruitment additional staff have been recruited, including people to help implement the
  changes, and new roles (mental health practitioners, trainee Clinical Associate Psychologists and
  their supervisors) as well as Recovery Practitioners to walk alongside people so they get help when
  and where it is needed.
- Three specific clinical areas are the focus of more targeted support, rolled-out over the next two years (eating disorders, personality disorders, mental health rehabilitation). System-wide expertly led reference groups are in place (including people with lived experience and VCSE partners) leading the design and overseeing the implementation of the proposed new approaches and configurations, as part of the overall model. Ocean View our rehabilitation and recovery ward in North Devon is now open and in Eastern Devon we have our new community rehabilitee and recovery services in place.
- Embedding **co-production and co-design** with people who have lived experience is a core component of designing and implementing the new services.

Implementing this new model of care for community mental health is a truly transformational area of development which will have wide-reaching impact on the way we work together to support our population's needs.

As outcomes, we anticipate:

- People will have good mental health and improved resilience
- More people will have access to services closer to home and when needed
- People will receive earlier support
- People will be enabled to manage their emotional health and wellbeing
- More people will have improved mental health
- More people with mental health problems will progress in their recovery
- More people with mental health problems will have good physical health and better general health
- More people will have a positive experience of care and support
- People with long-term conditions will have better mental health
- · Fewer people will suffer avoidable harm
- · People's journey to better health will be shorter.

# **6.2 Further Developments**

- A brand new ward for adults (Salus ward) is due to open on the Torbay Hospital site, following an
  investment of around £13m. This will help to address the issue of insufficient inpatient care, but
  further capacity is still required.
- <u>Beech ward</u> for older people has recently benefited from a £2m refurbishment and it now provides a far more modern environment and 16 en-suite bedrooms.

- Our community service for older people in Torbay is piloting a Home Treatment service. This project
  is funded until March 2022 but extended funding is being sought. The pilot is helping to avoid
  people being admitted to hospital and aiding shorter lengths of stay by providing home support when
  people have been discharged. There is, however, a widely recognised shortage of nursing home
  care to support people with more serious needs which reflects a national problem.
- <u>Autism</u> we are currently recruiting to a new county-wide service called the Devon Adult Autism Interventions Team to help reduce lengths of stay in hospital and prevent the need for hospital admission.
- <u>Children and young people</u> we have already established two Mental Health in Schools teams in the DCC footprint, covering schools in Exeter and North Devon (covering around 7000 school aged children and young people each) and a further team Mental Health in Schools teams will be in place in Teignbridge from Sept 2022. There are further expansion plans to cover the remaining areas in 2023 and 2024, subject to further national allocations.

# 6.3 Our Provider Collaborative as part of our Integrated Care System

The current Mental Health, Learning Disabilities and Autism (MHLDA) Care Partnership has strategically and successfully led system wide delivery of the key requirements of the Long-Term Plan for Mental Health and Learning Disability across ICS Devon.

As the Integrated Care Board (ICB)/ Integrated Care Partnership (ICP), Provider Collaboratives (PC) and Local Care Partnerships (LCP) constitute formally over the next 6 months as part of our overall Integrated Care System, the role and function of the MHLDA Care Partnership requires review to align with both system and place-based changes building on the excellent work delivered over the past two years.

The Health and Social Care Act (2022) outlines the need for NHS provider organisations to operate formally in Provider Collaboratives to enable providers to work together to plan, deliver and transform services. The rationale is through working at scale, Provider Collaboratives provide opportunities to tackle unwarranted variation, make improvements and deliver the best care for people using services and the wider communities they serve.

We are using the learning from the highly successful <u>South West Provider Collaborative</u> (a DPT led regional collaborative to improve the care and treatment of people with secure mental health needs) to support the development of our Devon ICS Provider Collaborative for mental health, learning disability and neurodiversity (MHLDN).

The MHLDN Provider Collaborative will ensure experts in the field of MHLDN to more effectively target and deliver high quality, safe, efficient and effective care reducing duplication of effort and driving improved care. This will be achieved through delivery of co-produced integrated models of care; alongside the clinical and professional voice, co-production with lived experts, people who use services, their carers' and expert partners (VSCE and Third Sector), in the design and delivery of the new care models, is the commitment and expectation.

The MHLDN Provider Collaborative formally constitutes from the 1<sup>st</sup> of July 2022 in line with the parameters set by NHS England.

Melanie Walker Chief Executive, Devon Partnership Trust System Chief Executive for Mental Health, Learning Disabilities and Neurodiversity